

**Appendix 1.** Equianalgesic Opioid Conversion Table

Opioid	Administration route	Dose equivalent to 10 mg of oral morphine (mg)
Morphine	Oral	10
Morphine	Intravenous	3.3
Hydromorphone	Oral	2
Fentanyl	Intravenous	0.03
Oxycodone	Oral	7
Codeine	Oral	80
Tramadol	Oral	40