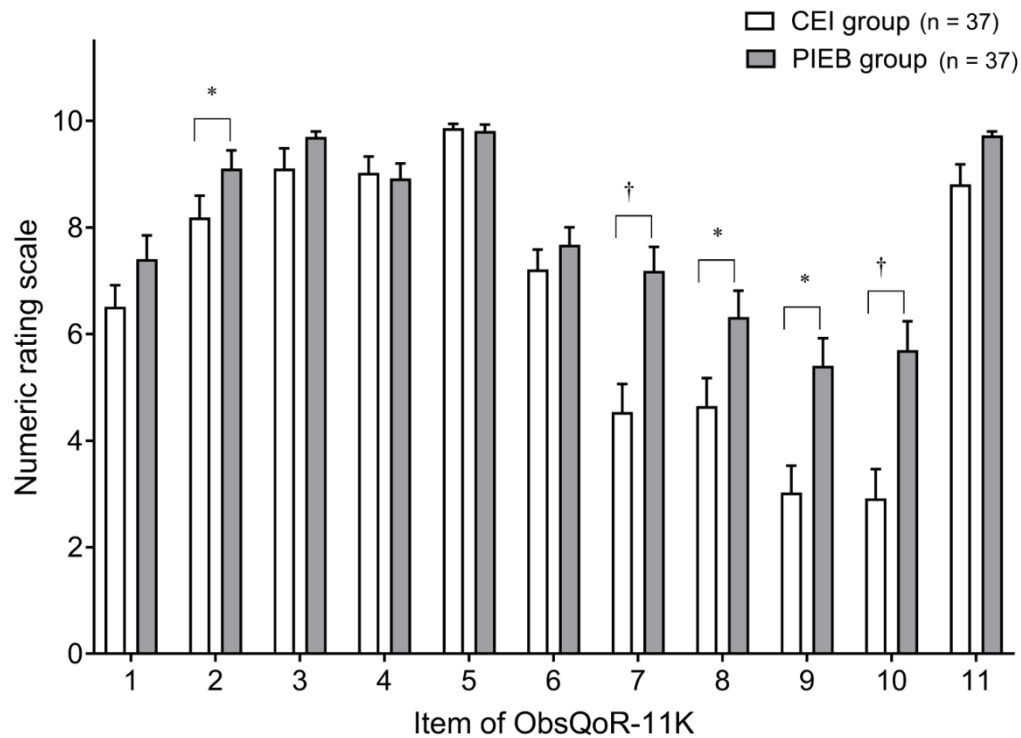


Supplementary Fig 1. Numeric rating scale of Obstetric Quality of Recovery-11 Korean version (ObsQoR-11K) 36 h after cesarean section. * indicates $P < 0.05$. † indicates $P < 0.001$.



| ObsQoR-11 | | | | | | | | | | | |
|--|-------------------|---|---|---|---|---|---|---|---|---|----------------|
| How have you been feeling in the last 24 h? | | | | | | | | | | | |
| | Strongly Disagree | | | | | | | | | | Strongly Agree |
| 1. I have had moderate pain. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 2. I have had severe pain. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 3. I have had nausea or vomiting. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 4. I have been feeling dizzy. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 5. I have had shivering. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| | Strongly Disagree | | | | | | | | | | Strongly Agree |
| 6. I have been comfortable. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 7. I am able to mobilize independently. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 8. I can hold baby without assistance. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 9. I can feed/nurse my baby without assistance | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 10. I can look after my personal hygiene/toilet. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |
| 11. I feel in control. | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 0 |