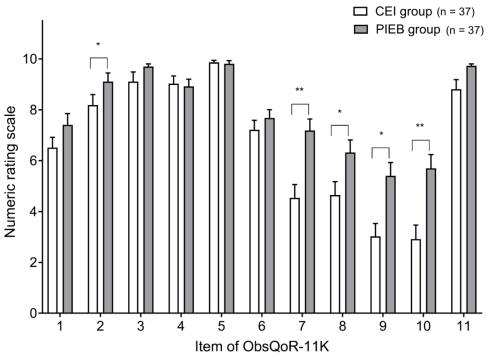
**Supplementary Fig 1.** Numeric rating scale of Obstetric Quality of Recovery-11 Korean version (ObsQoR-11K) 36 h after cesarean section. \* indicates P < 0.05. \*\* indicates P < 0.001.



Item of ObsQoR-11K											
ObsQoR-11 How have you been felling in the last 24 h?											
	Strongly Disagree										Strongly Agree
1. I have had moderate pain.	10	9	8	7	6	5	4	3	2	1	0
2. I have had severe pain.	10	9	8	7	6	5	4	3	2	1	0
3. I have had nausea or vomiting.	10	9	8	7	6	5	4	3	2	1	0
4. I have been feeling dizzy.	10	9	8	7	6	5	4	3	2	1	0
5. I have had shivering.	10	9	8	7	6	5	4	3	2	1	0
	•	Strongly Disagree							Strongly Agree		
6. I have been comfortable.	10	9	8	7	6	5	4	3	2	1	0
7. I am able to mobilize independently.	10	9	8	7	6	5	4	3	2	1	0
8. I can hold baby without assistance.	10	9	8	7	6	5	4	3	2	1	0

9. I can feed/nurse my baby without assistance

10. I can look after my personal hygiene/toilet.

11. I feel in control.