

Clinical Research Article

Korean J Anesthesiol 2023;76(2):143-151 https://doi.org/10.4097/kja.22441 pISSN 2005-6419 • eISSN 2005-7563

Received: July 22, 2022 Revised: September 14, 2022 (1st); October 4, 2022 (2nd) Accepted: October 12, 2022

Corresponding author:

Yuji Suzuki, M.D. Department of Anesthesiology and Intensive Care Medicine, Hamamatsu University School of Medicine, 1-20-1 Handayama, Hamamatsu, Shizuoka 431-3192, Japan Tel: +81-53-435-2738 Fax: +81-53-434-1812 Email: suzukiy@hama-med.ac.jp ORCID: https://orcid.org/0000-0003-1156-3311



© The Korean Society of Anesthesiologists, 2023

^(C) This is an open-access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons. org/licenses/by-nc/4.0/) which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited.

Comparison of postoperative nausea and vomiting between remimazolam and propofol: a propensity scorematched, retrospective, observational, single-center cohort study

Yuji Suzuki, Shingo Kawashima, Hiroshi Makino, Matsuyuki Doi, Yoshiki Nakajima

Department of Anesthesiology and Intensive Care Medicine, Hamamatsu University School of Medicine, Hamamatsu, Japan

Background: Remimazolam is a novel ultrashort-acting benzodiazepine that has recently become available for general anesthesia. However, the incidence of postoperative nausea and vomiting (PONV) associated with remimazolam remains unknown. In this propensity score-matched, retrospective, observational study, we compared the rates of PONV between remimazolam and propofol.

Methods: In this retrospective observational study, propensity score-matching was performed to minimize selection bias. Patients who received total intravenous anesthesia with remimazolam or propofol at the Hamamatsu University Hospital between August 2020 and July 2021 were enrolled in the study. Data on patient demographics, anesthetic agents, and PONV within the first 24 h were collected and analyzed.

Results: Of the 1,239 patients who met the study selection criteria, 585 received remimazolam and 684 received propofol. After propensity score matching, 333 matched pairs were further analyzed. Patient demographics and the anesthetic agents used were comparable between the matched cohorts. The incidence of PONV was significantly higher in the remimazolam group than in the propofol group (35% vs. 21%, P < 0.001).

Conclusions: The incidence of PONV is higher with remimazolam anesthesia than with propofol anesthesia. The findings of this study require confirmation in larger prospective randomized controlled trials.

Keywords: Flumazenil; General anesthesia; Nausea; Postoperative complications; Postoperative nausea and vomiting; Propofol; Remimazolam; Risk factors; Vomiting.

Introduction

Postoperative nausea and vomiting (PONV) is an important consideration in postoperative management as it is associated with significant patient distress. Many studies designed to identify potential risk factors for PONV have been conducted [1–3]. The type of general anesthetic agent used is one potential risk factor that can significantly influence the likelihood of PONV [1–3]. Specifically, total intravenous anesthesia (TIVA) has a lower incidence of PONV than inhalational anesthesia [1–3]. Propofol is typically used as an intravenous general anesthetic agent because its duration of action is shorter than that of conventional benzodiazepines, which are associated with delayed awakening and resedation [4]. Remimazolam, an ultrashort-acting benzodiazepine, has recently become available for general anesthesia and procedural sedation. Compared with propofol, remimazolam is associated with a lower incidence of hypotension [5] regardless of the patient's American Society of Anesthesiologist Physical Status (ASA-PS) classification or age [6]. However, the incidence of PONV during TIVA with remimazolam has not been well investigated in clinical settings. A higher incidence of nausea or vomiting has been reported with remimazolam anesthesia than with propofol anesthesia in clinical trials [6]. We hypothesized that the incidence of PONV would be higher after TIVA with remimazolam than with propofol. In this propensity score-matched, retrospective, observational study, we compared the rates of PONV between remimazolam and propofol.

Materials and Methods

Study design, setting, and participants

This propensity score-matched, retrospective, observational, single-center cohort study was approved by the Clinical Research Ethics Committee of the Hamamatsu University School of Medicine (IRB no. 21-169). All the procedures were conducted in accordance with the Helsinki Declaration-2013. The requirement for written informed consent was waived due to the retrospective nature of the study and anonymity of the data. However, information about the study was posted on the hospital's noticeboard and website to give patients the opportunity to opt-out of the study. The study was registered in the Japan Registry of Clinical Trials (jRCT1041210079). All patients who received general anesthesia at Hamamatsu University Hospital between August 2020 and July 2021 were eligible for inclusion. The exclusion criteria were as follows: aged < 20 years, surgery with sedation rather than general anesthesia, postoperative mechanical ventilation, discontinuation of surgery after induction of anesthesia, stupor or coma lasting more than 24 h after anesthesia, reoperation within 24 h after anesthesia, insufficient data, combined use of propofol and remimazolam, and use of inhalational anesthetics. The remimazolam group included patients who received only remimazolam and no other anesthetic agents (e.g., midazolam, thiopental, propofol, or inhalational anesthetics) during the entire anesthesia period from induction to recovery. Likewise, only patients who received no anesthetic other than propofol during the anesthesia period were included in the propofol group.

Outcomes and measurements

The primary outcome of the study was the incidence of PONV, which was defined as nausea and/or vomiting within 24 h of general anesthesia. The secondary outcome was the relationship between potential risk factors and the incidence of PONV. All data were obtained from the surgical department system linked to the anesthesia records (ERGATM, Philips Japan, Japan) and hospital information system (MegaOakTM, NEC, Japan). The study was conducted in a facility that does not have a day surgery unit. Therefore, all patients undergoing surgery requiring general anesthesia are admitted for at least one night of postoperative care and, in most cases, are discharged on the second postoperative day. All patients at this facility are also required to undergo a postoperative medical examination by an anesthesiologist before discharge. This check is usually scheduled for the second postoperative day. The anesthesiologist briefly examines the patient for any anesthesia-related complications, including PONV, and records the timing and severity in the patient's electronic medical record. Patients who are unable to be examined by an anesthesiologist prior to discharge are interviewed by telephone. Data from the electronic medical records of all the study participants were reviewed retrospectively to confirm whether PONV occurred within the first 24 h. Patients who did not undergo a postoperative evaluation by an anesthesiologist were excluded from the study.

Sample size

To calculate the sample size, the incidence of PONV after TIVA with propofol was set at 15% in accordance with the findings of Kampmeier et al. [7]. Because the incidence of PONV after TIVA with remimazolam has not been reported previously, we used an expected incidence of 25%, which has been confirmed in clinical trials conducted in Japan (phase II/III trial, ONO-2745-05; phase III trial, ONO-2745-06) (Supplementary Materials 1 and 2). Thus, we estimated that at least 249 cases per group would be required to achieve a study power of 80% to detect the primary outcome for the remimazolam group versus the propofol group using a two-sided χ^2 test at a significance level of P < 0.05. At our institution, inhaled anesthesia is currently being used approximately twice as often as TIVA, though the frequency of remimazolam use is comparable to that of propofol. Additionally, we estimated that approximately one-third of the patients would be excluded during propensity score matching; therefore, we chose a study period of 1 year, which included approximately 5,000 patients.

Bias and confounding

Individual propensity scores were calculated using logistic regression modeling based on the following covariates, which were considered to be directly or potentially related to the choice of remimazolam or propofol anesthesia: demographics (age, female sex, obesity [body mass index $\geq 25 \text{ kg/m}^2$]), type of surgery (abdominal, laparoscopic, gynecologic, orthopedic), anesthesia-related factors (ASA-PS, duration of surgery, use of nitrous oxide, intraoperative use of fentanyl and remifentanil, postoperative use of fentanyl), and other factors (smoking history and whether surgery was elective). Patients were matched 1 : 1 with their nearest neighbors according to the closest propensity score of each subject. A caliper size of 0.2 was used to avoid poor matching.

Statistical analysis

Categorical data are presented as absolute numbers (percentages) and continuous data are presented as the mean \pm SD. Differences in the characteristics of patients with and without PONV were examined using the Student's *t*-test or Fisher's exact test, as appropriate.

To assess the relationship between potential risk factors and the incidence of PONV (secondary outcome), the following variables were evaluated: age [3,8], sex [2,3,8], obesity [2], type of surgery (abdominal [2], laparoscopic [2,3], gynecologic [2,3], orthopedic [2]), duration of surgery [2,3,8], ASA-PS 1–2 [2], intraoperative administration of fentanyl and remifentanil [2,8,9], postoperative administration of fentanyl [2,3,8], smoking history [2,3,8], urgency of surgery [10], use of dexamethasone [1], use of droperidol [1], and remimazolam anesthesia. We could not investigate whether patients had a previous history of PONV or motion sickness because it was not documented in the electronic medical records. The association between each factor and PONV was examined using logistic univariate analysis. Odds ratios (ORs), 95% CIs, and Wald's P values were calculated. A logistic regression analysis was then performed using the stepwise selection method with these covariates as explanatory variables and PONV as the outcome variable. The following six covariates were identified as explanatory variables for PONV: female sex, laparoscopic surgery, intraoperative fentanyl use, smoking, droperidol use, and remimazolam anesthesia. Adjusted ORs (aORs), 95% CIs, and Wald's P values were calculated.

All P values were two-sided, and a P value < 0.05 was considered statistically significant. All statistical analyses were performed using JMP for Windows (version 14.2.0, SAS Institute Inc., USA).

Results

From August 2020 to July 2021, 4,933 patients underwent general anesthesia according to the surgical record system of the Hamamatsu University Hospital. After 3,694 were excluded based on the aforementioned eligibility criteria, the study population consisted of 1,239 patients (585 in the remimazolam group and 654 in the propofol group). Nearest-neighbor matching was performed to match each patient with a suitable counterpart, after which 666 patients were matched into 333 pairs (Fig. 1). Patient characteristics and PONV rates before and after matching are presented in Tables 1 and 2, respectively. The absolute standardized difference after matching for all the variables ranged from 0.000 to 0.090, with an absolute standardized difference < 0.1 indicating that the allocation of both groups by propensity score matching was performed appropriately.



Fig. 1. Flow diagram showing the process used to select patients for inclusion in this retrospective cohort study.

	Before matching				After matching			
Variable	Remimazolam $(n = 585)$	Propofol $(n = 654)$	P value	ASD	Remimazolam $(n = 333)$	Propofol $(n = 333)$	P value	ASD
Demographic data								
Age (yr)	67.3 ± 14.9	52.6 ± 17.1	< 0.001	0.919	61.3 ± 15.3	61.4 ± 15.0	0.890	0.011
Sex (M/F)	291/294	148/506	< 0.001	0.416	119/214	113/220	0.684	0.027
BMI $\geq 25 \text{ kg/m}^2$	161 (28)	151 (23)	0.077	0.072	98 (29)	92 (28)	0.668	0.028
Type of surgery								
Abdominal	177 (30)	227 (35)	0.101	0.067	94 (28)	93 (28)	1.000	0.005
Laparoscopic	116 (20)	166 (25)	0.021	0.094	66 (20)	65 (20)	1.000	0.005
Gynecological	39 (7)	153 (23)	< 0.001	0.340	36 (11)	37 (11)	1.000	0.007
Orthopedic	127 (22)	134 (20)	0.625	0.021	75 (23)	73 (22)	0.926	0.010
Anesthesia-related factors								
ASA-PS 1	62 (11)	185 (28)	< 0.001		57 (17)	63 (19)	0.812	
2	378 (65)	432 (66)			242 (73)	235 (71)		
3	142 (24)	37 (6)			34 (10)	35 (11)		
4	3 (1)	0 (0)			0 (0)	0 (0)		
Duration of surgery (min)	160 ± 118	$147~\pm~102$	0.033	0.116	159 ± 120	160 ± 105	0.915	0.008
Nitrous oxide	0 (0)	0 (0)			0 (0)	0 (0)		
Intra-operative opioid	585 (100)	654 (100)			333 (100)	333 (100)		
Fentanyl	501 (86)	591 (90)	0.011	0.103	293 (88)	293 (88)	1.000	0.000
Fentanyl dose (µg)	222 (180)	222 (159)	1.000	0.000	237 (183)	221 (164)	0.248	0.090
Remifentanil	585 (100)	653 (100)	1.000	0.039	333 (100)	333 (100)		
Remifentanil dose (mg)	2.28 (1.84)	2.17 (1.51)	0.255	0.064	2.33 (1.96)	2.25 (1.58)	0.587	0.042
Other opioid	2 (0)	1 (0)	0.605	0.027	0 (0)	1 (0)	1.000	0.055
Postoperative opioid	122 (21)	120 (18)	0.282	0.045	77 (23)	70 (21)	0.575	0.036
Fentanyl	120 (21)	119 (18)	0.35	0.039	77 (23)	70 (21)	0.575	0.036
Fentanyl dose (µg)	570 (307)	535 (247)	0.340	0.124	572 (304)	559 (272)	0.776	0.047
Other opioid	6(1)	0 (0)	0.011	0.102	1 (0)	0 (0)	1.000	0.055
Other factors								
Current smoker	172 (29)	154 (24)	0.020	0.094	94 (28)	86 (26)	0.541	0.038
Elective surgery	444 (76)	577 (88)	< 0.001	0.230	278 (83)	278 (83)	1.000	0.000
Dexamethasone	10 (2)	16 (2)	0.43	0.037	6 (2)	5 (2)	1.000	0.012
Transfusion	34 (6)	17 (3)	0.006	0.114	10 (3)	10 (3)	1.000	0.000
Droperidol	116 (20)	130 (20)	1.000	0.001	72 (22)	63 (19)	0.441	0.048
Metoclopramide	44 (8)	46 (7)	0.744	0.013	31 (9)	20 (6)	0.144	0.088
Ondansetron	1 (0)	0 (0)	0.472	0.041	1 (0)	0 (0)	1.000	0.055

 Table 1. Baseline Characteristics and Clinical Data before and after Propensity Score Matching: Comparison between the Remimazolam and Propofol

 Groups

Values are presented as mean \pm SD, number of patients or numbers (%). An ASD < 0.1 suggests an adequate balance of variables after propensity score matching. ASA-PS: American Society of Anesthesiologists Physical Status, ASD: absolute standardized difference, BMI: body mass index.

Table 2. Comparison of rostoperative radiaca and/or voluting within the mater reminazorani of ropolor mesuresia
--

	Before matching			After matching		
Event	Remimazolam $(n = 585)$	Propofol $(n = 654)$	P value	Remimazolam $(n = 333)$	Propofol $(n = 333)$	P value
Nausea, vomiting, or both	158 (27)	142 (22)	0.034	116 (35)	70 (21)	< 0.001
Nausea	157 (27)	141 (22)	0.033	115 (35)	69 (21)	< 0.001
Vomiting	67 (11)	44 (7)	0.004	52 (16)	29 (9)	0.009

Values are presented as number (%).

The incidence of PONV in the remimazolam anesthesia group was significantly higher than that in the propofol anesthesia group both before matching (27% [158/585] vs. 22% [142/654], P = 0.034) and after matching (35% [116/333] vs. 21% [70/333], P < 0.001). The incidence of PONV in the remimazolam group before matching was 27% [145/544] with flumazenil and 32% [13/41] without flumazenil; however, the difference was not statistically significant (Table 3).

Table 4 shows the results of the univariate and logistic regression analyses for the incidence of PONV using the stepwise selection method. Female sex, laparoscopic surgery, intraoperative fentanyl use, smoking, droperidol use, and remimazolam anesthesia were significantly associated with the development of PONV (Table 4). The strengths of each risk factor for PONV are shown in Fig. 2.

Table 3. Postoperative Nausea and Vomiting after Remimazolam Total Intravenous Anesthesia according to Flumazenil Status

Erront		With flumazenil	Without flumazenil	Darahaa	
Event		n = 544	n = 41	r value	
Postoperative nausea and vomiting (+)	n = 158	145 (27)	13 (32)	0.470	
Postoperative nausea and vomiting (-)	n = 427	399 (73)	28 (68)		

Values are presented as number (%).

Table 4. Results of Univariate and Multivariate Regression A	Analyses of Potential Risk Factors for Nausea and Vomiting	į
0		1

M	Univariate	Darriera	Multivariate	Darahaa
Variable	OR (95% CI)	P value	Adjusted OR (95% CI)	P value
Demographic data				
Age (yr)	1.004 (0.997, 1.012)	0.273		
Female sex	2.575 (1.892, 3.505)	< 0.001	2.788 (1.955, 3.975)	< 0.001
BMI $\geq 25 \text{ kg/m}^2$	0.987 (0.731, 1.333)	0.934		
Type of surgery				
Abdominal	1.690 (1.291, 2.211)	0.001		
Laparoscopic	1.990 (1.489, 2.661)	< 0.001	1.726 (1.261, 2.363)	0.001
Gynecological	1.484 (1.057, 2.082)	0.025		
Orthopedic	0.799 (0.574, 1.112)	0.178		
Anesthesia-related factors				
Remimazolam anesthesia	1.334 (1.028, 1.731)	0.030	1.861 (1.397, 2.379)	< 0.001
$ASA-PS \le 2$	1.663 (1.103, 2.507)	0.011		
Duration of surgery (per min)	0.998 (0.997, 0.999)	0.001		
Intra-operative opioid				
Fentanyl	2.495 (1.496, 4.161)	0.001		
Fentanyl dose (per µg)	1.002 (1.001, 1.003)	< 0.001	1.002 (1.001, 1.003)	< 0.001
Remifentanil	N/A	0.092		
Remifentanil dose (per mg)	1.126 (1.047, 1.211)	0.002		
Postoperative opioid	1.289 (0.939, 1.768)	0.120		
Fentanyl	1.273 (0.927, 1.750)	0.141		
Fentanyl dose (per µg)	0.995 (0.998, 1.0005)	0.320		
Other factors				
Current smoker	0.426 (0.302, 0.601)	< 0.001	0.563 (0.386, 0.823)	0.003
Elective	1.763 (1.200, 2.588)	0.003		
Dexamethasone	0.938 (0.373, 2.357)	0.891		
Droperidol	0.758 (0.539, 1.067)	0.107	0.544 (0.377, 0.785)	0.001

Values are presented as ORs (95% CIs) or adjusted ORs (95% CIs). OR: odds ratio, BMI: body mass index, ASA-PS: American Society of Anesthesiologist Physical Status, N/A: not applicable.



Fig. 2. The strength of risk factors for PONV. Forest plot showing adjusted ORs for PONV before propensity score matching. This analysis included data for 1,239 patients. Filled circles indicate the adjusted OR and bars indicate the 95% CI. An adjusted OR < 1 favors the variable. Values are presented as adjusted ORs (with 95% CIs). OR: odds ratio, PONV: postoperative nausea and vomiting.

Discussion

In this retrospective observational cohort study, the risk of PONV associated with remimazolam and propofol TIVA was evaluated using the propensity score matching method. Our results showed that the incidence of PONV was significantly higher in the remimazolam group than in the propofol group (35% vs. 21%). This suggests that remimazolam anesthesia is associated with a higher risk of PONV than propofol anesthesia. To the best of our knowledge, this is the first study with sufficient power to compare the incidence of PONV after anesthesia with remimazolam vs. propofol.

We performed a propensity score-matched analysis to compare remimazolam and propofol in order to eliminate the potential effects of covariates on the risk of PONV. Using this method, we observed a significant difference in the rate of PONV between remimazolam and propofol. Since the TIVA protocol was otherwise the same, we speculate that this difference can be explained by the antiemetic effects of propofol and/or benzodiazepines. As Hvarfner et al. [11] have previously argued, propofol can exert an antiemetic effect when administered at a concentration lower than that which results in sedation. After awakening from general anesthesia, the concentration of propofol that remains in the patient's body is less than the level required for sedation and thus could have an antiemetic effect. Hvarfner et al. [11] also reported the antiemetic effects of midazolam, and a meta-analysis found that midazolam reduced the incidence of PONV [12]. After remimazolam is administered, the sedation effect dissipates quickly because remimazolam is rapidly degraded by carboxylesterases in the liver and the pharmacological activity of its metabolite CNS-7054 becomes negligible [13]. There are two possible explanations for the reduced antiemetic effect associated with benzodiazepines in this study. One is that remimazolam degrades more rapidly than conventional benzodiazepines, and the other is that administering flumazenil after remimazolam eliminates the antiemetic effect by competitive antagonism. Either or both of these factors may explain why the incidence of PONV was higher with remimazolam than with propofol.

Several studies have confirmed the risk of PONV following anesthesia, and guidelines have been developed for its prevention [1,14]. While TIVA is one such method, the risk of PONV associated with remimazolam specifically has not been well-studied. Therefore, risk factors for PONV other than remimazolam anesthesia were also investigated in the present study. We found that female sex and laparoscopic surgery were associated with a significantly higher incidence of PONV. This is consistent with the PONV management guidelines [1], a review article [2], and a systematic review [3]. The present study also confirmed that a history of smoking and droperidol use reduced the risk of PONV [1,14]. Furthermore, our study showed that an increase in the intraoperative fentanyl dose correlated with an increased incidence of PONV, which is consistent with a report by Mauermann et al. [9]. These results are consistent with previous findings [1– 3,8,9,14] and suggest that the current study was conducted appropriately. Dexamethasone is an important prophylactic agent for PONV [1,14,15]. However, the OR for dexamethasone was not significant in either the univariate or logistic regression analysis in our study. It is possible that this result reflects a lack of statistical power, considering that dexamethasone was administered to only 26 of the 1,239 patients included in this study. A previous meta-analysis found that to prevent PONV within 24 h, the number needed to treat (NNT) for dexamethasone is 3.7-3.8 [15]. However, cases of inhalation anesthesia were included in this meta-analysis, and thus, its findings cannot be compared directly with those of the present study. Therefore, we compared our results with those of a randomized controlled trial investigating the ability of dexamethasone to prevent PONV after TIVA with propofol that included 40 patients each in the dexamethasone and placebo groups [16]. In that study, the NNT for the prevention of PONV with dexamethasone was 5. Extrapolating the results of that trial to our present study and performing a power analysis with an NNT of 5 and significance level of 0.05, with 26 cases in the dexamethasone group, 1,213 cases in the control group, and a 24% rate of PONV in the group that did not receive dexamethasone, the power was calculated to be 0.649. Therefore, it seems reasonable to attribute the failure of our study to detect dexamethasone's capacity to prevent PONV to an insufficient number of cases.

Assuming that remimazolam anesthesia increases the incidence of PONV to a similar extent as female sex and laparoscopic surgery, as demonstrated in this study, precautions should be taken to prevent PONV associated with remimazolam anesthesia or to avoid its use. Whether remimazolam should be recommended as an alternative to propofol in TIVA to prevent PONV remains unclear. Mao et al. [17] found no statistically significant difference in the incidence of PONV after urological surgery according to whether remimazolam or propofol was used (10.9% vs. 4.7%). However, they concluded that their sample size was inadequate and further studies are needed. Studies comparing the rate of PONV after remimazolam anesthesia with that after propofol anesthesia are currently underway (UMIN000039367 [18], UMIN000040944 [19], UMIN000044442 [20], UMIN000046237 [21], NCT05439057 [22]), and their results are anticipated. Comparisons of the incidence of PONV between remimazolam and inhaled anesthetic agents have also been reported. Hari et al. [23] found that the incidence of early PONV was lower after the administration of remimazolam than after the administration of desflurane in patients undergoing laparoscopic gynecologic surgery. Song et al. [24] also demonstrated that the incidence of early PONV was lower with remimazolam than with desflurane in patients undergoing laparoscopic cholecystectomy or robot-assisted gynecological surgery. These findings, although limited, indicate that PONV is less likely to occur with remimazolam than with inhaled anesthetic agents. Overall, we could assume that the risk of PONV with remimazolam anesthesia is higher than that with propofol anesthesia and lower than that with inhaled anesthetic agents.

Several factors besides those associated with anesthesia affect the incidence of PONV. For example, gastrointestinal surgery has been linked to a higher incidence of nausea and vomiting because of decreased intestinal peristalsis in response to surgical invasion of the intestinal tract [25]. In the present study, after adjusting for the rates of abdominal surgery and laparoscopic surgery, we evaluated the effects of different anesthetic agents on the incidence of PONV. However, we did not adjust for other surgical procedures, such as strabismus surgery [26] and otolaryngologic surgery [8], which are associated with a higher incidence of PONV. In the future, the effects of remimazolam on PONV should be investigated for each type of surgery.

This study has several limitations. First, the major risk factors for developing PONV, including motion sickness and a previous history of PONV [2,3], were not investigated. Therefore, the risk of developing PONV may not have been accurately adjusted for, even after propensity score matching. Second, our evaluation of PONV was based only on a binary assessment of its presence or absence; differences in severity and timing were thus not considered. Third, when an antiemetic agent was not administered, each patient's subjective response in the postoperative interview was used to determine whether postoperative nausea was present. Therefore, postoperative nausea may not have been communicated to the evaluator or may not have been recalled by the patient. Finally, because this study was based on a retrospective review of electronic records, it was impossible to identify and remove any errors in the data.

Bivariate analysis with adjustment using the propensity score matching method revealed that patients who received total intravenous general anesthesia with remimazolam had a higher incidence of PONV than those who received propofol. To the best of our knowledge, this is the first study to demonstrate a higher incidence of PONV after remimazolam anesthesia than after propofol anesthesia. However, because of the retrospective design of this study, caution is required when generalizing the results. Larger prospective randomized controlled trials are needed to confirm these findings.

Acknowledgments

Statistical analysis: We thank Mikihiro Shimizu, a medical statistician, for his incisive and constructive comments on our statistical analysis.

Assistance with the writing: We thank Edanz (https://jp.edanz. com/ac) for editing a draft of this manuscript.

Funding

None.

Conflicts of Interest

No potential conflict of interest relevant to this article was reported.

Data Availability

The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

Author Contributions

Yuji Suzuki (Data curation; Formal analysis; Investigation; Methodology; Resources; Software; Validation; Visualization;

Writing - original draft)

Shingo Kawashima (Investigation; Supervision; Writing – review & editing)

Hiroshi Makino (Investigation; Visualization; Writing – review & editing)

Matsuyuki Doi (Supervision; Writing - review & editing)

Yoshiki Nakajima (Conceptualization; Project administration; Supervision; Writing – review & editing)

Supplementary Materials

Supplementary Material 1. Summary of gastrointestinal disorders, nausea, and vomiting in Clinical Trial ONO-2745-05 (at least 10% of patients; SAF). Values are presented as number (proportion). Supplementary Material 2. Summary of gastrointestinal disorders, nausea, and vomiting in Clinical Trial ONO-2745-06 (at least 10% of patients; SAF). Values are presented as number (proportion).

ORCID

Yuji Suzuki, https://orcid.org/0000-0003-1156-3311 Shingo Kawashima, https://orcid.org/0000-0001-5474-2534 Hiroshi Makino, https://orcid.org/0000-0002-7030-0186 Matsuyuki Doi, https://orcid.org/0000-0002-8574-8776 Yoshiki Nakajima, https://orcid.org/0000-0001-6831-8515

References

- Gan TJ, Belani KG, Bergese S, Chung F, Diemunsch P, Habib AS, et al. Fourth consensus guidelines for the management of postoperative nausea and vomiting. Anesth Analg 2020; 131: 411-48.
- Gan TJ. Risk factors for postoperative nausea and vomiting. Anesth Analg 2006; 102: 1884-98.
- **3.** Apfel CC, Heidrich FM, Jukar-Rao S, Jalota L, Hornuss C, Whelan RP, et al. Evidence-based analysis of risk factors for postoperative nausea and vomiting. Br J Anaesth 2012; 109: 742-53.
- Steib A, Freys G, Jochum D, Ravanello J, Schaal JC, Otteni JC. Recovery from total intravenous anaesthesia. Propofol versus midazolam-flumazenil. Acta Anaesthesiol Scand 1990; 34: 632-5.
- 5. Liu T, Lai T, Chen J, Lu Y, He F, Chen Y, et al. Effect of remimazolam induction on hemodynamics in patients undergoing valve replacement surgery: a randomized, double-blind, controlled trial. Pharmacol Res Perspect 2021; 9: e00851.
- 6. Doi M, Morita K, Takeda J, Sakamoto A, Yamakage M, Suzuki T. Efficacy and safety of remimazolam versus propofol for general anesthesia: a multicenter, single-blind, randomized, parallel-group, phase IIb/III trial. J Anesth 2020; 34: 543-53.
- Kampmeier T, Rehberg S, Omar Alsaleh AJ, Schraag S, Pham J, Westphal M. Cost-effectiveness of propofol (diprivan) versus inhalational anesthetics to maintain general anesthesia in noncardiac surgery in the United States. Value Health 2021; 24: 939-47.
- Morino R, Ozaki M, Nagata O, Yokota M. Incidence of and risk factors for postoperative nausea and vomiting at a Japanese Cancer Center: first large-scale study in Japan. J Anesth 2013; 27: 18-24.
- Mauermann E, Clamer D, Ruppen W, Bandschapp O. Association between intra-operative fentanyl dosing and postoperative nausea/vomiting and pain: a prospective cohort study. Eur J Anaesthesiol 2019; 36: 871-80.
- East JM, Mitchell DI. Emergency open cholecystectomy is associated with markedly lower incidence of postoperative nausea and vomiting (PONV) than elective open cholecystectomy: a retrospective cohort study. BMC Surg 2010; 10: 6.
- 11. Hvarfner A, Hammas B, Thörn SE, Wattwil M. The influence of

propofol on vomiting induced by apomorphine. Anesth Analg 1995; 80: 967-9.

- **12.** Grant MC, Kim J, Page AJ, Hobson D, Wick E, Wu CL. The effect of intravenous midazolam on postoperative nausea and vomiting: a meta-analysis. Anesth Analg 2016; 122: 656-63.
- Kilpatrick GJ, McIntyre MS, Cox RF, Stafford JA, Pacofsky GJ, Lovell GG, et al. CNS 7056: a novel ultra-short-acting Benzodiazepine. Anesthesiology 2007; 107: 60-6.
- 14. Weibel S, Rücker G, Eberhart LH, Pace NL, Hartl HM, Jordan OL, et al. Drugs for preventing postoperative nausea and vomiting in adults after general anaesthesia: a network meta-analysis. Cochrane Database Syst Rev 2020; 10: CD012859.
- 15. De Oliveira GS Jr, Castro-Alves LJ, Ahmad S, Kendall MC, Mc-Carthy RJ. Dexamethasone to prevent postoperative nausea and vomiting: an updated meta-analysis of randomized controlled trials. Anesth Analg 2013; 116: 58-74.
- 16. Bisgaard T, Klarskov B, Kehlet H, Rosenberg J. Preoperative dexamethasone improves surgical outcome after laparoscopic cholecystectomy: a randomized double-blind placebo-controlled trial. Ann Surg 2003; 238: 651-60.
- Mao Y, Guo J, Yuan J, Zhao E, Yang J. Quality of recovery after general anesthesia with remimazolam in patients' undergoing urologic surgery: a randomized controlled trial comparing remimazolam with propofol. Drug Des Devel Ther 2022; 16: 1199-209.
- 18. Kakuta N. Propofol vs. remimazolam besilate for the prevention of postoperative nausea and vomiting. UMIN-CTR Clinical Trial [Internet]. Tokyo: University Hospital Medical Information Network Center; 2020 Apr [cited 2022 Jul 7]. Available from https://center6.umin.ac.jp/cgi-open-bin/ctr_e/ctr_view.cgi? recptno = R000044891
- Obata Y. Examination of postoperative nausea and vomiting frequency by using remimazolam. UMIN-CTR Clinical Trial [Internet]. Tokyo: University Hospital Medical Information Network Center; 2020 Jul [cited 2022 Jul 7]. Available from https:// center6.umin.ac.jp/cgi-open-bin/ctr_e/ctr_view.cgi?recptno =

R000046749

- 20. Hirose C. Comparison of postoperative nausea and vomiting with remimazolam and propofol. UMIN-CTR Clinical Trial [Internet]. Tokyo: University Hospital Medical Information Network Center; 2021 Jun [cited 2022 Jul 7]. Available from https:// center6.umin.ac.jp/cgi-open-bin/ctr_e/ctr_view.cgi?recptno = R000050771
- 21. Kakuta N. With ondansetron, comparison of propofol and remimazolam besilate for the prevention of postoperative nausea and vomiting. UMIN-CTR Clinical Trial [Internet]. Tokyo: University Hospital Medical Information Network Center; 2021 Nov [cited 2022 Jul 7]. Available from https://center6.umin.ac.jp/cgiopen-bin/ctr_e/ctr_view.cgi?recptno = R000052766
- 22. Jun IJ. Effect of remimazolam on postoperative nausea and vomiting in patients undergoing laparoscopic cholecystectomy [Internet]. Bethesda (MD): U.S. National Library of Medicine; 2022 Jun [cited 2022 Jul 7]. Available from https://clinicaltrials.gov/ ct2/show/NCT05439057
- 23. Hari Y, Satomi S, Murakami C, Narasaki S, Morio A, Kato T, et al. Remimazolam decreased the incidence of early postoperative nausea and vomiting compared to desflurane after laparoscopic gynecological surgery. J Anesth 2022; 36: 265-9.
- 24. Song SW, Jang YN, Yoon MW, Jeon YG. Quality of recovery in patients administered remimazolam versus those administered an inhalant agent for the maintenance of general anesthesia: a randomized control trial. BMC Anesthesiol 2022; 22: 226.
- 25. Mazzotta E, Villalobos-Hernandez EC, Fiorda-Diaz J, Harzman A, Christofi FL. Postoperative ileus and postoperative gastrointestinal tract dysfunction: pathogenic mechanisms and novel treatment strategies beyond colorectal enhanced recovery after surgery protocols. Front Pharmacol 2020; 11: 583422.
- **26.** Treschan TA, Zimmer C, Nass C, Stegen B, Esser J, Peters J. Inspired oxygen fraction of 0.8 does not attenuate postoperative nausea and vomiting after strabismus surgery. Anesthesiology 2005; 103: 6-10.