Supplementary Fig. 3. Forest plots of hour to a regular diet.

	Epidu	ıral gr	oup	IV group			Mean Difference			Mean Difference			
Study or Subgroup	Mean	SD	Total	Mean	SD	Total	Weight	IV, Fixed, 95% C	IV, Fixed, 95% CI				
St Peter 2012	18.5	14.2	55	19.9	16.2	55	77.8%	-1.40 [-7.09, 4.29]	_				
Sujka 2020	27.3	25.6	32	22.7	17.3	33	22.2%	4.60 [-6.05, 15.25]				•	
Total (95% CI)			87			88	100.0%	-0.07 [-5.09, 4.95]					
Heterogeneity: Chi ² = 0.95, df = 1 (P = 0.33); $I^2 = 0\%$								-10	-5		 5	10	
Test for overall effect: Z = 0.03 (P = 0.98)								Favours Epidural group Favours IV group					